



1720-2020 
**SORK
 300**
 WHERE IT ALL BEGAN

SAILING INSTRUCTIONS



**IRISH LASER
 NATIONAL(OPEN)
 CHAMPIONSHIPS 2021**
 THURSDAY 19TH TO SUNDAY 22ND AUGUST 2021
 ROYAL CORK YACHT CLUB



SAILING INSTRUCTIONS

Irish Laser National (Open) Championship
Royal Cork Yacht Club, Crosshaven, Co Cork.
Thursday 19th to Sunday 22nd August 2021

The notation [NP] in a rule of the sailing instructions means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 Racing rule(s) Signal AP, 33, 35, 60.1(a), 60.1(b), 61.3, 62.1(a), 62.2, A2, A5.1, A5.2 will be changed. The changes will appear, in full, in these sailing instructions.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in Dinghy Centre and virtual notice board www.royalcork.com/aib-laser-nationals-2021

4 CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the flagpole located at main club flag pole
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes in the race signal AP.'
- 5.3 [DP] Flag D with one sound signal means the warning signal will be made not less than 45 minutes after flag D is displayed. Boats shall not leave the shore until this signal is made.

6 SCHEDULE OF RACES

- 6.1 Racing:

Race	Date
Thursday 19 Aug 2021	Races 1, 2 and 3
Friday 20 Aug 2021	Races 4, 5 and 6
Saturday 21 Aug 2021	Races 7, 8 and 9
Sunday 22 Aug 2021	Races 10 and 11
- 6.2 Eleven Races are scheduled.
- 6.3 The scheduled time of the first warning signal on Thursday 19 Aug 2021 is 1155. The scheduled time of the first warning signal on the remaining days will be 1055.

- 6.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least five minutes before a warning signal is made.
- 6.5 A fourth race may be run on any of the first three days at the discretion of the race committee. To indicate this intention the finish boat will display flag Numeral 4 at the end of the third race on any day.
- 6.6 No Warning signal will be made after 1500 on the last day of racing.

7 CLASS FLAGS

Class flags will be:
Standard rig fleet White Laser Class Flag
Radial rig fleet Green Radial Class Flag
4.7 Fleet Yellow 4.7 Class Flag

8 RACING AREAS

The Sailing Area will be in the environs of Cork Harbour. Details will be given via the briefing.

9 THE COURSES

- 9.1 Trapezoid courses will be used. The diagram in Attachment A show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 The course to be sailed will be indicated by boards displayed on the side of the committee vessel.

10 MARKS

Marks 1, 2, 3, and 4 will be Orange Cylindrical Inflatable type. The port end start mark will be either a Boat with a staff displaying an orange flag, or, an Orange Spherical mark. The finish mark will be a White Spherical mark.

11 AREAS THAT ARE OBSTRUCTIONS

Extreme care must be taken in vicinity of all navigation marks and especially if crossing the shipping channel.

12 THE START

- 12.1 The starting line will be between a staff on a committee vessel displaying an orange flag at the starboard end and the course side of the start mark.
- 12.2 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.3 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.



13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 13.2 Minor Course changes may not be signalled, this changes RRS 33.

14 THE FINISH

The finishing line will be between a staff displaying a blue flag on a finish vessel and the course side of the finish mark.

15 PENALTY SYSTEM

See NoR 14

16 TIME LIMITS

- 16.1 Boats failing to finish within a 20 minute, finishing window after the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.
- 16.2 In addition to RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes rules 60.1(b) and 62.1(a).

17 HEARING REQUESTS

- 17.1 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later. This changes RRS 61.3 and 62.2.
- 17.2 Hearing Requests will be made through the Virtual Protests & Scoring Inquiries link on the event web site.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room which will likely be the club dining room or upstairs bar depending on availability.

18 SCORING

As per NoR 15

19 SAFETY REGULATIONS

- 19.1 [DP] A boat that retires from a race shall notify the race committee as soon as possible.
- 19.2 All competitors shall tally out and tally in as described at the briefing. [DP]

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 [DP] [NP] Substitution of competitors is not allowed without prior written approval of the race committee.
- 20.2 Substitution of damaged or lost equipment is not allowed unless authorised by the race committee. Requests for substitution shall be made at the first reasonable opportunity.

21 EQUIPMENT AND MEASUREMENT CHECKS

[NP] A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

22 SUPPLIED BOATS

Does not apply.

23 OFFICIAL VESSELS

The starting committee boat will be a white motor boat called "Harmony".

24 [DP] [NP] SUPPORT TEAMS

As per NoR 14
Note Speed limit applies from C2 West to Carrigaline.

25 TRASH DISPOSAL

Trash may be placed aboard official or support person vessels.

26 BERTHING

[DP] [NP] Boats shall be kept in their assigned places in the dinghy park.

27 HAUL-OUT RESTRICTIONS

Does not apply.

28 DIVING EQUIPMENT AND PLASTIC POOLS

Does not apply.



29 PRIZES

As per NoR 22

30 RISK STATEMENT

As per NoR 20.

31 INSURANCE

As per NoR 21

32 COVID STATEMENT

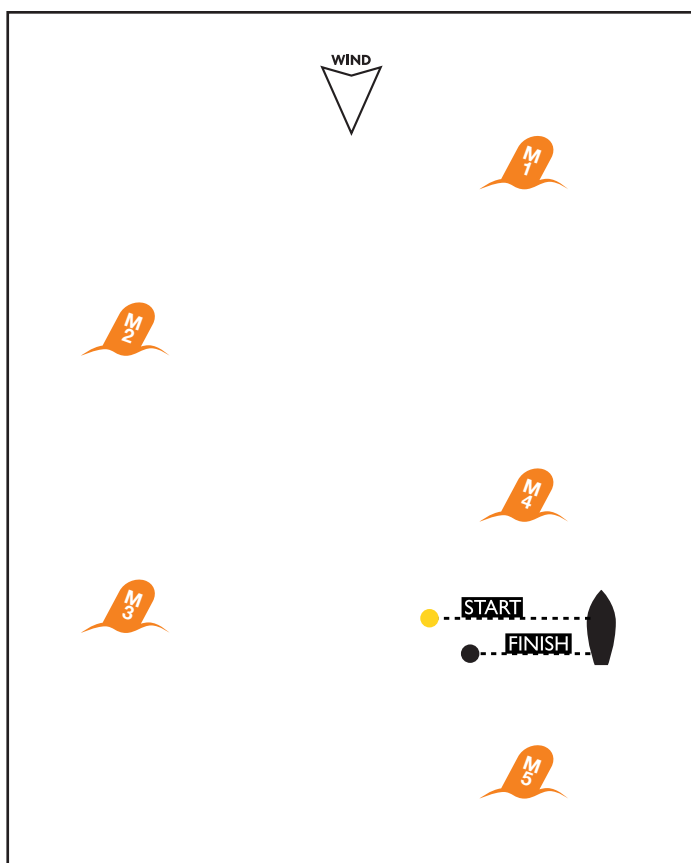
As per NoR 20.2 and refer to the COVID-19 Special Protocols, Attachment 2 to these Sailing Instructions.

ATTACHMENT 1 – COURSES

Trapezoid Course

- O2 1, 2, 3, 2, 3, 5, Finish
O3 1, 2, 3, 2, 3, 2, 3, 5, Finish
O4 1, 2, 3, 2, 3, 2, 3, 2, 3, 5, Finish
- I2 1, 4, 1, 2, 3, 5, Finish
I3 1, 4, 1, 4, 1, 2, 3, 5, Finish
I4 1, 4, 1, 4, 1, 4, 1, 2, 3, 5, Finish

Marks 1, 2, 3, 4 and 5 to be left to Port



ATTACHMENT 2 - COVID-19 SPECIAL PROTOCOLS

For the health, safety and wellbeing of everyone involved in the event, the following special protocols are being adopted. Competitors, parents, coaches and event officials must fully comply with these Special Protocols.

These protocols are in addition to any and all government and public health requirements including, but not limited to, maintaining 2m social distancing, regular handwashing, coughing and sneezing etiquette, use of handgels, use of facecoverings, national and international travel advice. These protocols are subject to change prior to, and during, the event.

It is highly recommended that everyone attending the event, for any reason, completes Sport Ireland's COVID-19 course

<https://www.sportireland.ie/covid19/course>

It is also highly recommended that you download the official government COVID Tracker app.

Special Protocols in respect of the event

Registration and declarations

All registration and declarations will take place online, including equipment declarations, compliance with Codes of Conduct and these Special Protocols, Coach Boat registration & flag deposits and contact tracing information. Links will be provided on the event website on <https://www.royalcork.com/aib-laser-nationals-2021/>. No paper forms will be accepted.

Trolley Tags & event packs will be handed out either at the Race Office or delivered to your boat bay on arrival, depending on weather conditions.

Race office

In order to minimise contact, access to the Race Office will be restricted. Results will be published online. It is the intention that protest forms will be available online and if so, paper versions will not be accepted. It is also intended that results query functionality will be available online and again, if so, paper versions or queries in person will not be accepted.

The Official Notice Board is likely to be online. We have set up a broadcast-only Whatsapp group for competitors, coaches and parents, where any official announcements or notices will be repeated. A link for the Laser Nationals Virtual Notice Board Group will be available on the event website.

Competitors arriving/departing site during the event

Junior competitors are to be dropped by a single parent/guardian or where possible brought by their coach. Parent/guardians are requested to leave the site as soon as possible. The same will apply for collections. The return of the fleet ashore will be posted on the Whatsapp group.

Dinghy Park, Launch & Recovery

- Face coverings for sailors not required ashore unless social distancing cannot be maintained
- Numbered bays will be in operation - your boat must be parked in your designated space for the duration of the regatta, and you must complete rigging and store all gear within your designated space
- A strict one-way system for dinghy and trolley movement will be in operation. Please comply with signage and instructions.

- Wash down facilities will be available within your numbered bay
- We will operate a self-tally system where each sailor will take/replace their own tally at the board. Tallies will be checked at the board and again checked on launch.
- Trolley handles will be disinfected between launch and recovery
- Tallies will be disinfected overnight
- Junior and Senior Changing rooms will be closed for the duration of the event. Please arrive dressed to go sailing and plan to leave the venue once derigged. Family toilet facilities are available adjacent to the Senior Changing Rooms.
- Please follow beachmaster and other event officials instructions at all times

Briefings

- Any briefings by coaches must be held outside, socially distant from each other and
- other groups

Catering & bar

- Access to the Bar/Dining Room/Club House will be under current Government Covid Guidelines – please note any particular signage which may dictate access/regress during use of the Club House

Prizegiving

- Prizegivings will be modified to reflect COVID-19 guidance. There will be no daily prizegiving.
- Day prizewinners will be published and prizes available for collection at the race office.
- Overall prizewinners will be published and only those competitors are requested to attend the final prizegiving. Prizes will be picked up from the table by prizewinners and not presented.

If you feel unwell

In line with government guidance, if you feel unwell prior to arrival on site, please do not attend the venue. If you become unwell with COVID-like symptoms while ashore at the venue, self isolate outside next to the Marina Office and notify any event official. If you become unwell afloat, notify any official boat and inform them you have COVID-like symptoms. You will be asked to remain in your boat, subject to usual safety considerations, until brought ashore.